

05 i 06. 12. 2025.

ADVENT FAST TRACK SYMPOSIUM 2025: ENHANCING RECOVERY IN ORTHOPAEDIC SURGERY AND ANESTHESIA CARE

Amadria Park Grand Hotel 4 Opatijska Cvijeta,
Opatija

PROGRAM



5 DECEMBER 2025 FRIDAY

SESSION 1

- 09:00-09:10 **WELCOME SPEECH**
Višnja Nesek Adam, Alan Ivković, Croatia
- 09:10-09:30 **INTRODUCTION TO FAST-TRACK PRINCIPLES:
HISTORY AND DEVELOPMENT**
Henrik Kehlet, Denmark
- 09:30-09:45 **STATE OF THE ART TOTAL KNEE ARTHROPLASTY
WORKFLOW IN 2025**
Alan Ivković, Croatia
- 09:45-09:50 **DISCUSSION**
- 09:50-10:20 **COFFEE BREAK**



SESSION 2

PRE-OR

Moderators: Sanja Jakovina Blažeković, Nina Jakuš

10:20-10:40

CARDIOVASCULAR RISK IDENTIFICATION AND OPTIMIZATION IN ARTHROPLASTY PATIENTS

Nina Jakuš, Croatia

10:40-10:55

CORRELATION OF ASA SCALE WITH COMPLICATIONS, OUTCOMES AND REVISION

Sanja Jakovina Blažeković, Croatia

10:55-11:10

DIABETES MELLITUS - WHAT TO CONSIDER FOR ORTHOPAEDIC PATIENTS

Tihana Magdić Turković, Croatia

11:10-11:25

NUTRITIONAL STATUS AND ARTHROPLASTY: MALNUTRITION AND OBESITY

Nikolina Schatzl, Croatia

11:25-11:40

PERIOPERATIVE FASTING

Janja Tarčuković, Croatia

11:40-11:55

PERIOPERATIVE THROMBOPROPHYLAXIS

Sonja Krofak, Croatia

11:55 -12:10

PERIOPERATIVE ANEMIA AND BLOOD MANAGMENT: A MULTIMODAL SURGEONANESTHESIOLOGIST APPROACH

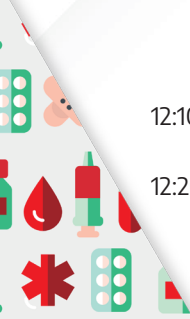
Višnja Nesek Adam, Croatia

12:10-12:20

DISCUSSION

12:20-13:30

LUNCH





SESSION 3

PERI-OPERATIVE I

Moderators: Tina Tomić Mahečić, Jure Serdar

13:30-13:45

URINARY CATHETER AND DRAINAGE

Slaven Babić, Croatia

13:45-14:00

IMPACT ON INTRAOPERATIVE HYPOTENSION ON PATIENT OUTCOME

Sanda Stojanović Stipić, Croatia

14:00-14:15

RESTRICTIVE TRANSFUSION THRESHOLDS

Tina Tomić Mahečić, Croatia

14:15-14:30

CURRENT STANDARDS IN TKA ANESTHESIA PROTOCOLS

Ira Skok, Croatia

14:30-14:45

LOCAL INFILTRATION ANALGESIA AND TXA

Jure Serdar, Croatia

14:45-15:00

PERIOPERATIVE MANAGEMENT OF ANTICOAGULATION IN ARTHROPLASTY PATIENTS

Krešimir Oremuš, Croatia

15:00-15:15

DISCUSSION

15:15-15:45

COFFEE BREAK





SESSION 4

PERI-OPERATIVE II

Moderators: Henrik Kehlet, Ivan Radoš

15:45-16:00

CURRENT CHALLENGES IN PERIOPERATIVE PAIN MANAGEMENT

Henrik Kehlet, Denmark

16:00-16:15

PERIPHERAL NERVE BLOCKS IN PERIOPERATIVE SETTINGS

Marina Banović, Croatia

16:15-16:30

ULTRASOUND GUIDED PERCUTANEOUS CRYONEUROLYSIS FOR THE TREATMENT OF ACUTE - POST SURGICAL PAIN

Igor Filipovski, Denmark

16:30-16:45

ULTRASOUND GUIDED PERCUTANEOUS CRYONEUROLYSIS FOR CHRONIC PAIN

Ivan Radoš, Croatia

16:45-17:00

OPERATING ROOM ENVIRONMENT AND NORMOTHERMIA

Mario Starešinić, Croatia

17:00-17:15

DIRECT ANTERIOR APPROACH IN FAST-TRACK TOTAL HIP ARTHROPLASTY

Martin Čemerin, Croatia

17:15-17:25

DISCUSSION

20:00-23:30

GALA DINNER





SESSION 5

POSTOPERATIVE

Moderators: Daniel Perez Prieto, Darija Granec

-
- 09:00-09:15 **SCREENING, OPTIMIZATION AND ANTIBIOTIC PROPHYLAXIS FOR INFECTION PREVENTION**
Daniel Perez Prieto, Spain
-
- 09:15-09:30 **THE ROLE OF PHYSICAL THERAPY IN ARTROPLASTY PATIENTS**
Darija Granec, Croatia
-
- 09:30-09:45 **PERSISTENT WOUND DRAINAGE**
Ana Lamza, Croatia
-
- 09:45-10:00 **INFLUENCE OF PATIENT DEMOGRAPHICS ON ARTROPLASTY OUTCOMES: RACE, GENDER, SOCIOECONOMIC STATUS AND INSURANCE**
Daniel Perez Prieto, Spain
-
- 10:00-10:15 **EARLY MOBILIZATION, CPM AND CRYOTHERAPY**
Frane Grubišić, Croatia
-
- 10:15-10:30 **WHAT ARE THE OPTIMAL DISCHARGE CRITERIA?**
Tomislav Mađarević, Croatia
-
- 10:30-10:45 **PREVENTION OF POSTOPERATIVE NAUSEA AND VOMITING (PONV)**
Mirna Bobinac, Croatia
-
- 10:45-11:00 **DISCUSSION**
-
- 11:00-11:30 **COFFEE BREAK**



SESSION 6

FREE PAPERS

Moderators: Marina Banović, Sonja Krofak

11:30-11:38

**TIME TO MOBILIZATION AFTER SPINAL
ANESTHESIA: EXPERIENCE IN 20 PATIENTS
UNDERGOING KNEE ARTHROSCOPY**

Sena Cerin, Goran Sabo, Blanka Vinceljask, Tihana Magdić
Turković

11:38-11:46

**OUR FIRST 300 FAST TRACK TOTAL HIPs: THE
REVIEW**

Simona Marunčić, Danijel Jurković, Goran Sabo,
Tihana Magdić Turković, Slaven Babić

11:46-11:54

**ANEMIA MATTERS: ENHANCING RECOVERY AFTER
HIP FRACTURE** - Lucija Biličić, Iva Janja Bošnjak, Tina Tomić
Mahečić, Ivan Šitum, Ana Jozepović, Nevena Mumelaš, Maja
Sirovica, Filip Žigman, Slobodan Mihaljević

11:54-12:02

**CRYONEUROLYSIS FOR CHRONIC ANTERIOR THIGH
PAIN FOLLOWING ACL RECONSTRUCTION: A CASE
REPORT**

Marina Banović

12:02-12:10

**PRE-OPERATIVE CRYONEUROLYSIS FOR REDUCING
EARLY POST-OPERATIVE PAIN AND OPIOID USE
AFTER TOTAL KNEE ARTHROPLASTY: PILOT
PROSPECTIVE EXPERIENCE**

Milanka Simendić, Nejc Katelic, Pika Krištof Mirt



12:10-12:18

**CRYONEUROLYSIS FOR THE TREATMENT OF
SEVERE GONARTHRALGIA – EXPERIENCE FROM
A COUNTY HOSPITAL**

Ivan Mirković

12:18-12:26

**WHEN SURGERY IS NOT AN OPTION: GENICULAR
NERVE CRYONEUROLYSIS FOR REFRACTORY
KNEE PAIN IN A PATIENT WITH SEVERE CARDIAC
DISEASE**

Marina Banović, Marin Mličević

12:26-12:34

**OPTIMIZING BLOOD UTILIZATION IN ORTHOPEDIC
SURGERY: IMPLEMENTING MSBOS TO ENHANCE
PERIOPERATIVE SAFETY AND COST EFFICIENCY**

Mark Žižak

12:34-12:42

**REMIMAZOLAM AND ITS ROLE IN ENHANCED
RECOVERY AFTER SURGERY (ERAS)**

Ivana Leko

12:42-13:15

COFFEE BREAK





SESSION 7

ROUND TABLE

Moderators: Višnja Nesek Adam, Mirna Bobinac

Panelists: Jure Serdar, Frane Grubišić, Alan Ivković, Sonja Krofak, Marina Banović, Igor Filipovski, Mario Starešinić, Slaven Babić

13:15-14:15

**RECOMMENDATIONS FOR FAST-TRACK
PROTOCOL IMPLEMENTATION IN ORTHOPAEDIC &
TRAUMATOLOGY EVERYDAY PRACTICE - All**

14:15-14:30

END OF MEETING & FAREWELL